

Setting Goals: Process & Purpose

- **Key Commitment**
 - **Pursuing Goals**
- **Key Terms**
 - **General area**
 - **Winning a hole in match play**
 - **Conceding a hole**
 - **All square**
 - **Scoring in match play as ending a match 3&2**
- **Game Changing behaviors**
 - **State the four guidelines for setting reachable goal and understand their importance in the goal setting process.**
 - **Can write goals that adhere to the four guidelines**
 - **Understand that setting goals can help them improve their skills and achieve things on and off the course**
- **Guiding Questions**
 - **Why are goals important?**
 - **What are the four guidelines for setting a reachable goal?**
 - **What can you learn from the process of setting and working towards your goal?**