

## Playing The Course & Review

### Key Commitment:

- Growing Through Challenges
- Collaborating with Other

### Key Terms:

- Par, Birdie, Eagle, Ace
- Bogey, Double bogey
- Scorecard
- Play the ball as it lies
- Outside agency
- Accidentally
- Deliberately
- Teeing Area
- Green, rough, fairway, bunker
- Tee box
- Stroke play
- Match play
- Alternate shot
- Four ball
- Penalty
- Stroke
- Divot
- Clubhead, shaft, Grip, Hosel, Clubface, Toe, Heel
- Iron
- Driver
- Wedge
- Putter
- Tee markers
- Pace of play

### Game Changing Behaviors:

- State and define the first 2R's  
Relax & Replay

- Understand how these 2R's can be applied to learning and playing golf
- Recognize that 2R's are valuable on and off the golf course and demonstrate emotional control as they attempt to stay cool
- Understand and can demonstrate the First Tee Five Steps for Meeting Someone new.
- Understand the meaning of A-L-R and can demonstrate how to use it in a golf setting and away from the course.
- Practice active listening and listening to understand.
- State and demonstrate the three tips for developing grit.
- Understand that attitude impacts enjoyment and performance.
- Develop and demonstrate grit in a golf setting as they face and grow through challenges.

#### **A-L-R**

- Ask questions
- Listening and understand the reply
- Reflect and respond to the reply

#### **Five steps for meeting someone new**

1. Face the other person
  2. Smile and look them in the eye
  3. Give a firm handshake
  4. State your name clearly and loudly enough to be heard
- If you need information, ask a question

#### **Three Tips for Developing Grit:**

1. Be Patient
2. Be Positive
3. Ask for help

**Guiding Questions:**

- 1. How can you relax on the course or in between shots?**
- 2. What is your replay routine?**
- 3. How might the 2R's help you off the golf course?**
- 4. How can you respect others when you do a agree with them?**
- 5. Why are respect and courtesy important on the golf course? At School? At home?**
- 6. What did you learn about small, medium, and large swings today?**
  
- 7. What does grit mean to you?**
- 8. How can you show grit away from First Tee?**
- 9. How did you demonstrate a balanced finish today?**