## **Planning for the Future: A Game Changer's Game Plan**

- Key Commitments
  - Pursuing Goals
- Key Terms
  - Penalty area
  - Stroke and distance relief
  - Lateral relief
  - Back on the line relief
- Game Changing Behaviors
  - Understand how visualization is a tool they can use on and off the golf course
  - Identify personal educational, career, and life goals for their future
  - Create a personal and evolving game plan to further explore and work toward their goals and future
- Guiding Questions
  - How can a Game plan help you to work toward your individual goals?
  - What can you begin doing now to actively work toward your future?
  - How can a post-shot routine help you plan for future shots?
- First Tee Commitments to Being a Game Changer and Key Commitments for Pursuing Goals:
  - o I am excited to grow and learn.
  - o I am not afraid to fail.
  - I am learning from both my achievements and setbacks.