## Learning from Failure & Dealing with Adversity

- Key Commitments
  - Growing Through Challenge
- Key Terms
  - Conforming Club
  - Conforming Ball
  - Stoppage of Play
  - Substituting a Ball
  - Teeing area
- Game Changing Behaviors
  - Realizing that FAIL is a First Attempt In Learning
  - Understanding the value of a growth mindset when dealing with adversity and failure
  - Participants see setbacks and mistakes as learning opportunities
- Guiding Questions
  - How can a failure be a First Attempt In Learning?
  - What are some things that can get your swing out of sequence?
  - What are some strategies you can use to help you overcome adversity?
- Being a Game Changer
  - I am discovering my inner strength
  - I am developing resilience
  - I can dig deep when things get tough