

Learn & Grow with Grit

Key Commitment:

- **Growing Through Challenges**

Key Terms:

- **Divot**
- **Clubhead, shaft, Grip, Hosel, Clubface, Toe, Heel**
- **Iron**
- **Driver**
- **Wedge**
- **Putter**
- **Tee markers**
- **Pace of play**

Game Changing Behaviors:

- **State and demonstrate the three tips for developing grit.**
- **Understand that attitude impacts enjoyment and performance.**
- **Develop and demonstrate grit in a golf setting as they face and grow through challenges.**

Three Tips for Developing Grit:

- 1. Be Patient**
- 2. Be Positive**
- 3. Ask for help**

Guiding Questions:

- 1. What does grit mean to you?**
- 2. How can you show grit away from First Tee?**
- 3. How did you demonstrate a balanced finish today?**