## **Getting to Your Goal: Plan to Achieve**

- Key Commitments
  - Pursuing Goals
- Key Terms
  - Honors
- Game Changing Behaviors
  - State the four guidelines for setting reachable goal and understand their importance in the goal setting process.
  - o Can write goals that adhere to the four guidelines
  - Understand that setting goals can help them improve their skills and achieve things on and off the course.
- Guiding Questions
  - Why are goals important?
  - What are the four guidelines for setting a reachable goal?
  - What can you learn from the process of setting and working towards your goals?