

Developing Confidence: I Can Do It!

Key Commitment:

- **Building Positive Self-Identity**

Key Terms:

- **Putting Green**
- **Apron, Collar, Fringe**
- **Ball marker**
- **Pitch mark**
- **Divot repair tool**

Game Changing Behaviors:

- **Developing self-confidence is a process, and failing often precedes success.**
- **Understand the importance of maintaining a positive attitude.**
- **Recognize that self-confidence is an important part of Building Positive Self-Identity.**
- **Develop self-confidence by identifying things they are doing well.**

Guiding Questions:

1. **What are you good at?**
2. **How did you become good at doing those things?**
3. **How can you help others develop their own self-confidence?**
4. **What are some things you learned on the course today?**