

## **Being a Go – To Person & Building a Go – To Team**

- **Key Commitments**
  - **Using Good Judgement**
- **Key Terms**
  - **Player**
  - **Penalty Area**
  - **Provisional Ball**
  - **Lost Ball**
  - **Stroke and Distance**
  - **Out-Of-Bounds**
- **Game Changing Behaviors**
  - **State the four guidelines for setting reachable goals and understand the importance in the goal setting process**
  - **Can write goals that adhere to the four guidelines**
  - **Understand that setting goals can help improve their skills and achieve things on and off the course**
- **Guiding Questions**
  - **Why are goals important?**
  - **What are the four guidelines for setting a reachable goal?**
  - **What can you learn from the process of setting and working towards your goals?**